El Toro Judo Club

# In the Beginning:

Extracted from the book Judo, The Practical Way by David White ,; 1976 Action Books

## The origins of Judo



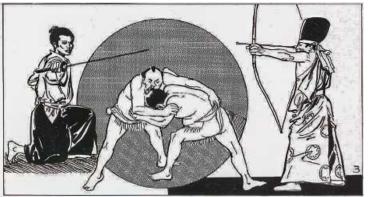
## Secrets in the snow



## Martial Arts of the Samurai

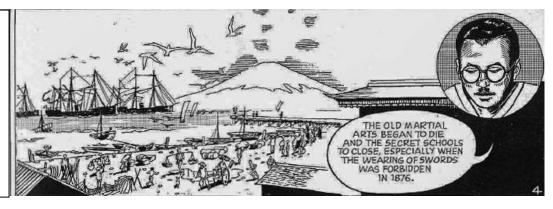


IN THOSE CRUEL DAYS A HUNDRED CLANS BATTLED FOR SUPREME POWER IN JAPAN. THEY TRAINED IN ALL THE MARTIAL ARTS, CALLED **BUDO**, JEALOUSLY GUARDING THEIR SECRET TECHNIQUES. SAMURAI WERE TAUGHT THE USE OF THE SWORD, THE SPEAR, THE BOW AND VIU-VITSU, OR UN-ARMED COMBAT. THEY HAD THEIR OWN CODE OF HONOUR - THE **BUSHIDO**.

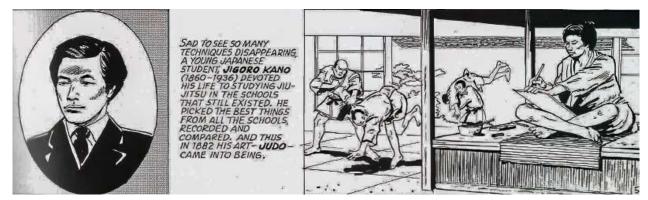


#### The New World comes to Japan

THE ARRIVAL OF THE AMERICAN, COMMODORE PERRY IN 1853 OPENED UP JAPAN TO THE OUTSIDE WORLD. THE DELIBERATELY ENFORCED SECLUSION OF JAPAN WAS ENDED. SOON SWORDS WERE SEEN TO BE NO MATCH FOR GUNS, WHICHWERE ALMOST UNKNOWN IN JAPAN UNTIL THAT TIME.



### The sport of Jigoro Kano



#### The Kodokan is born

